



Dr. Dhrumil M. Patel (M.S.Ortho)

SPORTS MEDICINE – ARTHROSCOPY,
JOINT REPLACEMENT SURGEON

FELLOW :

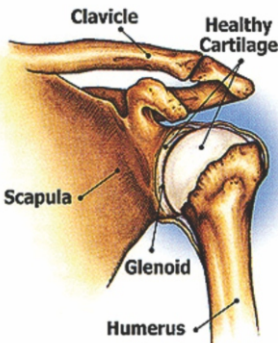
SPORTS MEDICINE (SARASOTA, U.S.A.)
SHOULDER JOINT (U.S.A. & PUNE –DMH)
HIP JOINT (KHU., SEOUL, S. KOREA)
KNEE JOINT (MUNICH, GERMANY)
FOOT & ANKLE JOINT (LONDON, U.K.)



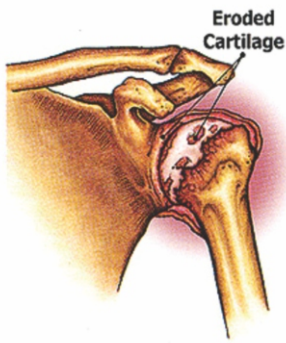
ARTHRITIS OF SHOULDER

Arthritis Of Shoulder

- Inflammation of shoulder causing pain & stiffness
- Sub-types
 - Shoulder joint arthritis & AC joint arthritis



Healthy Shoulder



Arthritic Shoulder

5 Types :

- Degenerative osteoarthritis
- Rheumatoid arthritis
- Posttraumatic arthritis
- Rotator cuff tear arthropathy
- Post Avascular necrosis



ARTHRITIS OF SHOULDER

Symptoms:

- Deep aching pain in back of shoulder
- Limited range of movements
- Clicking / grinding / snapping / night pain

Imaging:

- X-Ray, MRI

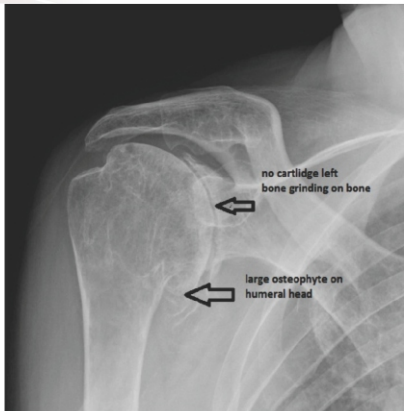
Treatment:

- **Non-surgical treatment –**

- Rest / change in activities
- Physical therapy
- NSAIDs
- Local injection HC, PRP, Visco-supplementation (Jelly)
- Moist heat
- Ice application
- Anti-rheumatoid medications

- **Surgical Treatment:**

- Total shoulder replacement
- Reverse shoulder replacement



NAVRANG HOSPITAL

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Mediclaim Cashless facilities available.

C.B.D.T. approved Hospital (Income Tax-1961-17(2)(B))

For Mediclaim Filing :

Tuesday to Friday (1.00 p.m. to 5.00 p.m.)

EMERGENCY SERVICES 24 HOURS

OPD Timing :

Morning: 11-00 to 2-00, Evening: 5-00 to 7-00,
Saturday Evening & Sunday O.P.D Closed.